

Burning mouth syndrome

Abstract

The oral burning syndrome (SAB) represents a distinct nosological entity, forming a complex disease of unknown etiology that affects predominantly women in the postmenopausal period and above 50 years. It has multiple etiological factors, dividing into local, systemic and psychogenic factors. It consists of a psychosomatic disorder that causes burning and intense pain due to the sensation of constant burning or burning in one or several regions of the mouth. There is no presence of a lesion detected at the physical examination of the oral cavity. There are also results of normal laboratory tests. The aim of the present article was to investigate the dental clinical manifestations of SAB. The role of the dental surgeon, when intervening with the patient, will be to make him understand about the complexity of the syndrome, making it possible to find a way to support the symptomatology. It was concluded that it is possible to promote the improvement of the quality of life of the patients affected by SAB, using, for its benefits, laser therapy, which allows the symptomatology to be alleviated with pain relief and inflammation control.

Descriptors: Burning Mouth Syndrome. Phototherapy. Lasers. Quality of Life.

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